

Julie Miguel



Website: dailytiramisu.com Instagram: [@julesaujus](https://www.instagram.com/julesaujus)

Bio

Julie Miguel is a digital content producer with a specialization in food media as well as an active food blogger. The focus of her blog, Daily Tiramisu, is to empower home cooks to be fearless in the kitchen and she does this by taking traditionally difficult recipes and making them easier to execute. Cooking is something that Julie has always been fiercely passionate about.



She began cooking after the tragic passing of her Mother at age 15. She is not a trained chef, however, she is a home cook with a lot of real life experience who has trained with many well-known chefs. Julie continues to broaden her culinary experience through her work. In May of 2016, she completed a culinary training and Chinese culture program in Suzhou, China. Julie continues to expand her culinary experiences through travelling coast to coast in Canada as well as favourites such as Portugal, France, Greece, Mexico and Jamaica.

Julie's food media career began after she placed 7th on the inaugural season of CTV's MasterChef Canada. Since then, she started her blog and has made numerous appearances on CTV Your Morning, The Marilyn Denis Show, Fridge Wars and other National and Local Television channels. Julie continues to make regular appearances as a culinary expert on Cityline as well as hosting live cooking segments.

As a fully media-trained, Nationally televised home cook and a popular food influencer, Julie is a trusted voice in cooking, food and lifestyle content.

She has partnered with many nationally recognized food and lifestyle brands and is the co-founder of The Happy Kitchen, a program aimed at teaching youth- life skills in the kitchen. She has grown a significant social media following through her diverse work and continues to find innovative ways to engage her fans.

When she's not developing recipes for her clients, Julie has taken a leadership role in other parts of the industry. She has been part of the Program Advisory Council at Centennial College where she acted as an industry advisor for their Food Media program. She was also the Blog Award Chair for the Taste Canada Awards, Canada's highest honour for food and beverage writing, where she administered the Blog Award.

Her pride and joy is her two sons, Dean and Dylan. They are her personal taste testers and they inspire her daily to continue to find family friendly recipes and content to share with her followers.



Work with Julie

Spokesperson & Brand Ambassador Work * Branded TV and Radio Segments * Live Cooking Demos * On Stage Food Event Hosting * Sponsored Travel, Events & Brand Promo * Branded Editorial Content & Freelance Writing * Recipe Development * Influencer Event Hosting

For more information or to book Julie Miguel please contact Jordie McTavish at jordie@plutinogroup.com or 416-358-6848

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